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|  |  | **Objective**Navy Veteran, Doctor of Nurse Practice in Family Nurse Practitioner. I have currently practiced in the medical field for the past 15 years. My medical training started as an EMT, Medical trained in Navy, Licensed Practical Nurse and Registered Nurse. Additional work includes studies of Integrative Health to incorporate and facilitate patient care as a Board Certified Holistic Nurse. Compassionate, Driven Leader for your organization.  |
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|  |  | EducationVirginia Beach First Aid Squad May 2002EMT-Basic Naval Portsmouth Medical Hospital May 2003Military Medical Corpsman TrainingDover College May 2006Diploma of NursingEssex Community College May 2008Associate Degree of Science **Thomas Edison State College Jan 2009**Bachelor of Science University of Medicine & Dentistry May 2012Bachelors of NursingRutgers, the State University of New Jersey May 2018Doctorate Degree in Nursing Family Nurse Practice |
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|  |  | Professional Experience**AFC Urgent Care–Paramus September 2018-Present**Family Nurse Practitioner- Primary & Urgent Care ServicesNew York Presbyterian Hospital November 2012 - PresentCritical Care Float Nurse, Patient care for Women and Children, to include, PICU, NICU, CCU, General Pediatrics, Post Pediatrics, Pediatric Stepdown, ER and general Float Nurse. Rutgers State University-School of Nursing July 15, 2016 – Dec 2016Community Clinical Nurse **Health Connections Wellness** **July 2013 – Present** Nurse Integrative Educator, Owner, SpeakerFairleigh Dickinson University July 2015 – Dec 2016Clinical Nurse for Student Health Service for College Children’s Specialized Hospital January 2008-Dec 2014Clinical Sub Acute/LTC Nurse |
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|  |  | Integrative Health Education Arizona State University Integrative Jan 2017-June 201745 hrs. Foundation of Integrative Health for Primary Care ProvidersHolistic Nursing Education HNB-BC Jan 2014–PresentBoard Certified Holistic Nurse Aromatherapy, MeditationInternational Yoga Therapy Institute July 2014–July 2017 700hrs Yoga Therapy Certification -700 Hr. ISHTA Yoga Bridge Intensive July 2014–Aug 201450hr meditation & Mindfulness & Yoga Intensive Garden State Yoga Jan 2013-Sept 2013 200hr Yoga Teacher TrainingCertified Yoga Nurse May 2012–June 2013100hrs CYN Medical Yoga Therapist  |

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|  |  | **Presentations, & CEU Courses**Presentation CWA Conference of World Affairs at University of Colorado Boulder April 2016Grossmann, D. (2016, April ) Panel Discussions Conference of World Affairs Boulder Co* Alternative Medicine How We Heal Ourselves April 6th 016
* American Veteran Caring for Those Who Served April 7 2016
* Navigating the End of Life for Americans April 4 2016
* Disability or Ability April 5th
* Paying it forward the Value of Giving back-April 6th 2016
* Importance of Mindfulness April 7th 2016

Contact Hours Courses Developed & Taught Jan 2014-PresentCourse provided contact hours and preapproved Continuous education by the Pennsylvania State Board of Nursing. All course taught with ATECAMLLC (1 contact hr min, given for each class) PSA#Integrative Holistic Health Lectures Art of Caring Yoga Nursing® Annette Tersigni-Yoga Nurse [www.yoganurse.com](http://www.yoganurse.com/) Yoga Nursing™ is a simple, effective and heartfelt system that helps relieve pain and suffering for clients while also reducing exhaustion, stress and burnout for caregivers. Accredited program By American Holistic Nursing Association-[http://www.ahna.org](http://www.ahna.org/) - 3 contact Hours Meditation Awareness™-Simple Steps toward the path of a Calm Mind Building A Better Back ™, Prevention, Postures,& Emotions Holistic Health Approaches for Optimal Wellness™ Psychoneuroimmunology Mind Body health in Nursing Inflammation Intuition A Gut Feeling ™ –Inflammation ,Digestives Wellness Emotions Pranayama Breathe Power Force™ – Breathe within, Natural RemediesHappy Healthy Heart™  Cardiovascular lecture, Natural Health Therapies  |
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|  |  | Public Speaking & MediaSpeaker:Princeton Medical Center – Jan 2016Care One Jackson Hospital-2014Morristown Memorial Hospital Morristown, NJ -2014Robert Wood Johnson Hospital Hamilton, NJ 2014Robert Wood Johnson Hospital East Brunswick, NJ-2014Specialty Hospital Monmouth Medical Hospital Lakewood Nj -2014.2015St Joseph Hospital Wayne, NJ-2016NJ Center For Healthy Living-Montclair, NJ -2014,2015,2016Wellness Center of Northeast Northwest New Jersey-Nov-2016Pocono Medical Center Hospital -2014University of Colorado, Boulder, CO-2016Rutgers School of Nursing -2012**Media**Mantra Yoga and Heath Magazine **Ambassador Year of 2014** Grossmann, D Featured in Huffington Post Article Battle Warrior to A Peaceful Warrior <http://www.huffingtonpost.com/entry/yoga-from-battle-warrior-to-peaceful-warrior_us_58c81046e4b0d06aa65804f5>Time Square Bodies Exhibit Nursing Conference -2016 |
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|  |  | **Military Service**United States Navy Active 2000-2006Rank-E4 Enlisted Petty Officer *Active Duty Orders*: 2000 – 2006 Operation Enduring and Iraqi Freedom. *Awards:* Naval Achievement Medal, National Defense Service Medal; ; National Good Conduct: Global War on Terror Service Medal; Enlisted Surface Warfare Service Medal *Clearance*: Top Secret TSCI-Clearable |

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|  |  | **Volunteer & Community Service**Disaster Relief Nursing July 2016 - PresentCommunity Advisor BoardTeam RWB Veteran Organization July 2014 – April 2014Social Director Of New Jersey Central ChapterKula for Karma- Therapeutic Medical Yoga July 2012 - PresentIntegrative Nurse & Yoga TherapistSafe Haven Trinity Church Dec 2011 -May 2012 Mentor & after School Tutor for age 7-12yrsJordan & Harris Health Center Dec 2011-May 2012Community Ambassador  |
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|  |  | **Professional Organizations**American Association Of Nurse Practitioner Jun3 2018- PresentAmerican Holistic Nurse Association June 2017 - PresentMember. Advisor. Approach to serve on a national committee to develop faculty resources for DNP related courses and projects.American Nurses Association 2015- PresentMember New Jersey Nurse Association 2015- PresentMember Team Red White Blue Veteran Organization 2014-Present Former Social Director Central New Jersey April 2014-17 |
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|  |  | AwardsCertificate of Recognition October 2017Disaster Relief Nursing Given by the Mayor Of Webster, TX Mended Hearts President Award November 2013Presentation award for Post Cardiac Surgery Patients Outstanding Community Service Award May 2012This award requires nomination from the student body. It includes all faculty in the Rutgers Biomedical Health Sciences including medicine, dentistry, nursing, and other allied health professions.UMDNJ Star Student May 2012Awarded Star Student for Academic and Volunteer Contributions Military Service Bergen County Award June 2017Nominated by Bergen County Veteran Commission**Us Naval Awards** **Naval Achievement Medal: June 2004**Meritorious Superlative Achievement for combat & Non-Combat **National Defense Service Medal: 2003**Serves on active duty in the United States Armed Forces **National Good Conduct: 2004****Global War on Terror Service Medal: 2005**Military service members who have supported operations to counter terrorism in the War on Terror from 11 September 2001, to a date**Enlisted Surface Warfare Service Medal:2005** |

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|  |  | **Licensure & Certification** New York: RN 664023New York APRN: 343616New Jersey: RN 26nr16088800New Jersey APRN: 26NJ00848400New Jersey CDS: P000883800Florida: RN 9462415Florida APRN NPI: 1114320710NJ DEA: Upon Request NY DEA : Upon Request NSO Professional APRN Malpractice Insurance American Academy of Nurse Practitioner Family Nurse Practitioner: F07180987American Nurse Credentialing Center Holistic Nurse Board Certification (HNB-BC) American Heart Association: Basic Life Support (BLS)American Heart Association: Advanced Life Support (ACLS)American Heart Association: Pediatric Life Support (PALS)American Neonatal Resuscitation (NRP)Arrhythmia & Intravenous Certification (ECG & IV) |
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|  |  | LanguagesEnglish Proficient, Writing readingSpanish, Conversation, Reading & Writing  |
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|  |  | References Stephanie Corporon DNP APN MSNPreceptor/Email-sarteta@riversidepeds.comArchana Shenoy DNP FNP RN BSNColleague/Email-archanashenoy19@yahoo.comAlison Halligan APN MSNColleague/Email-allywalsh@gmail.comCindy Sickora DNP MSNProfessor/Director Phone-973-769-2018Anne Mahan APN MSN Director of student HealthFormer President ACHA-NJ Phone-201-452-2002Dr. Doug Borkowski MD SurgeonPreceptor Sports Medicine Surgeon Phone: 973-713-6250Jennifer Layne McDonald Business Colleague/FriendEmail: jen@jenniferlayne.comPhone: (201) 636-2614Molly Bradshaw DNP APN, FNP-BC, WHNP-BCProfessor & Chair/Email-bradshmo@sn.rutgers.edu |